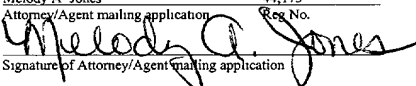


Express Mail™ mailing label number <u>EK208069129US</u>	
Date of Deposit <u>March 20, 2001</u>	
I hereby certify that this paper/fee is being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 on the date indicated above and is addressed to Commissioner for Patents, Washington, D C 20231	
Melody A. Jones	44,175
Attorney/Agent mailing application	Reg. No.
	
Signature of Attorney/Agent mailing application	

5

Case 8004

**LOW FAT NUT SPREAD COMPOSITION  
WITH HIGH PROTEIN AND FIBER**

10

**ABSTRACT**

15

A low fat nut spread having high protein and high fiber. The nut spread has a protein to fat ratio of greater than about 0.68:1 and a fiber to fat ratio of greater than about 0.18:1. The nut spread has good flavor and texture. The process for making the nut spread is also disclosed.